Healthy Sexuality Program Information

Clinic Tours

As a teacher, you know the benefits of experiential learning. Here at Peel Health, we offer tours of our Healthy Sexuality Clinics. Providing information to your students does not increase sexual activity or risk-taking behaviours. In fact, research shows that just the opposite is true: The more kids know, the better equipped they are to make smart decisions for themselves. You can provide young people with the opportunity to get accurate information and to have their questions answered.

This **fun and interactive** tour can include information about many topics including the following.

- Healthy Relationships
- Birth Control, Emergency Contraception, Pregnancy Testing and Counselling
- Sexually Transmitted Infections, Hepatitis B, Anonymous HIV (AIDS) Testing

Tours can be tailored to suit the needs, interests and age of your students.

**Book your tour by calling Health Line Peel and asking for the clinic nearest you!**

Region Of Peel Resources

**Health Line Peel:** Do your students have questions that you need help answering? Are some of their questions outside your area of comfort? In these cases, you can call, or encourage your students to call, **Health Line Peel at 905-799-7700.** A public health nurse is available to answer questions related to all sexuality and relationship issues.

**Region Of Peel Website:** You and your students may also want to explore the resources available on our website. Please visit us at **www.peelsexualhealth.ca**

**Resources For Educators:** If you are teacher within the Peel District School Board, you will have access to an educational kit entitled, “**Changes In Me**” a resource for educators on puberty. The kit includes detailed lesson plans, student handouts, visual aids, student-centred activities, evaluation tools, a video, overheads, and further resources. This resources is available at a select number of elementary schools in the Region of Peel, it is also available for sign-out from the Healthy Sexuality Clinics for more information call Health Line Peel 905-799-7700.
Resource List

Text:


College of Family Physicians of Canada. (2002). *STIs (Sexually Transmitted Infections) – Common STIs and Tips on Prevention*. Patient education information was developed by The College of Family Physicians of Canada in cooperation with the American Academy of Family Physicians.

Resource List


Student Health 2005: Gauging the Health of Peel’s Youth. School Health Assessment Survey, supporting data.
Resource List


Online:


Canadian AIDS Society www.cdnaids.ca


Resource List

Peel Region – Sexual Health
www.peelregion.ca/health/topics/sexual/sexuality


Other Online Resources

Women’s Health Websites:

www.womenshealthmatters.ca/centres/sex/birthcontrol/reversible.html

www.womenshealthmatters.ca/centres/sex/birthcontrol/reversible.html

www.caringforkids.cps.ca/teenhealth/EmergencyContraception.htm

www.sexualityandyou.ca

www.contraceptive.net
Resource List

Health Checkups websites:

www.spiderbytes.ca/Health/Health_Checkups_AnsweringQuestions.shtml
- These sites offer good information regarding what you can expect at an MD appointment and if you find that your MD is judgemental, get a new one.

Sexual Decision Making and Abstinence websites:

Region of Peel Public Health
www.peelregion.ca/health/commhlth/decision/makde.htm
Planned Parenthood
www.ppfc.ca

Society of Obstetricians and Gynaecologists of Canada
www.sexualityandu.ca/eng/teens/WIS/goodnotgood_ready.cfm

Sexual Assault websites:

Peel Committee On Sexual Assault: www.sexualassault-peel.com

Peel Committee Against Woman Abuse: www.netrover.com/~pcawa/

Education Wife Assault:
http://www.womanabuseprevention.com/html/sexual_assault.html - talks about what is SA, dispelling the myths, the impact on health

Unplanned Pregnancy websites:

www.cbctrust.com/teens.html
- Abortion focus and does a good job answering all kinds of questions

www.ppfc.ca/ppfc/content.asp?articleid=254
- Discusses private vs. public adoption

www.region.peel.on.ca/health/hsexual/htmfiles/pchoices.htm#mother
- Peel site with lots of good questions and answers. Discussed post-TA check-up. Peel Services highlighted
Resource List

Gay/Lesbian/Bisexual/Transgendered websites:

www.etr.org/recapp/column/column200006.htm

www.youthline.ca

www.sherbourne.on.ca

www.the519.org

www.positivespacepeel.org

Gay, Lesbian, Straight Educators Network (GLSEN) http://www.glesen.org

Parents, Family & Friends of Lesbians and Gays
http://www.pflag.org/education/schools.html